

NEWSLETTER



office@sjm.academy

www.meads.e-sussex.sch.uk

Term 4: Week 1 and 2

20th February – 3rd March 2023

Rainbow Award Winners

Week 1

Reception – Meraj

Year 1 – Lily

Year 2 – Samuel

Year 3 – Stanley

Year 4 – Anne

Year 5 – Zerya

Year 6 – Peter

Week 2

Reception – Matilda

Year 1 – Pari

Year 2 – Minal

Year 3 – Olive D

Year 4 – Erin

Year 5 – Tilly

Year 6 – Max



School Calendar Dates

Friday 3rd March – Friends Second Hand Uniform Sale

Thursday 9th March – EYFS & KS1 Coffee Morning

Friday 24th March – iSingPop Concert

Friday 31st March - Last Day of Term 4

Monday 17th April - First Day of Term 5

Monday 24th April – INSET DAY

INSET Day Advance Notice

Friday 21st July

House points:

This week: **Jade 151 Ruby 172 Amber 204 Topaz 211**

This term (so far): **Jade 318 Ruby 324 Topaz 348 Amber 364**

Celebration Assembly

Week 1: Well done to our Artists of the week, Spanish Superstars, Lexia, Mathletics, times tables and number club certificates. Good work to the Year 1 children who received an award for reading at home with an adult 4 times or more during the week.

We started assembly with Isaac in Year 6 and his drumming skills. He has lessons out of school, and it was great to hear (and see!) his skill. Anyone interested in learning the drums should definitely stop him and ask him about it.

A big WELL DONE to all these children:

Lena, Lacey, Alice, Oliver, Zerya, Gabriel, Esme and Isla: Superb participation and sportspersonship in the inter-school Quickstix hockey tournament on Tuesday at the Saffrons.

Athena & Athos: Gymnastics certificates

Pari, Beau, Miles, Mila: Gymnastics, Swimming and Girls Brigade 'cooking &craft' awards

Bertie and Grace: Muy bien en Espanol

20 children are onto the next level in Number Facts or Times Table Clubs

14 children achieved either Bronze or Silver Mathletics certificates (No Gold certificates this week- keep working everyone!)

In Year 1 **Senen, Jowan, Joshua, Teddy, Oliver, Mahan, Pari, Demi-Jade, Cara, and Elsie** all remembered to read 4 times at home this week. Thank you Year 1 families for prioritising this really important lifelong learning habit.

Artists of the week were **Athena, ALL of Year 6, Edward, Ted, Minal and Elsie.**

It's hard work achieving a Lexia certificate as it requires regular short bursts. This is part of home learning 4 times a week too, so well done to **Lily, Grace, Huxley, Hollie, James, William, Henrick, Henry and Elise.**

Achievements Outside Of School



Dexter (Year 4) plays for Eastbourne hockey club under 10 team and achieved 2nd place in their regional finals. Well done Dexter!



Congratulations to Aban (Year 5) who participated in Eastbourne performing arts Festival and achieved 2nd place in piano solo grade two competition. Fantastic!

Congratulations to Isabella YR for her dancing certificate and to Olivia Y5 for her Eastbourne Netball Club shooting achievements.
Harry



Talking about our Feelings

We just wanted to take the opportunity to tell you or remind you of the mechanisms in place for children to communicate any feelings, worries, messages with school adults.

- 1) Message box - Each class has a message box which is checked at least once a week. A poster next to the box lets children know when their teacher checks messages.
- 2) Zones of Regulation display - Each class has a display where children can move their names to indicate how they are feeling, to either blue, red, green or yellow. (I will explain this further in a separate post.)
- 3) Place2Be slips - these are available in each class for children to fill in and place in the red post-box in the library. Jess reads these and checks in with children through Place2Talk for sessions that last approximately 10 minutes on Tuesdays or Wednesdays.

As well as these systems, all children have identified their five trusted adults, including at least two or three school adults.

Please do speak with your children about the above and encourage them to use the systems as and when needed.

Parent/Carer Consultations

Parent/Carer Consultations took place on Tuesday 21st and Thursday 23rd February. If you didn't manage to make an appointment this time then do please contact the office to arrange to meet with your child's teacher. You can email or phone the school office to do this.

office@sjm.academy / 01323 730255

Forest School

Here are the Forest School dates for this term:

Week 1 - Tuesday 21st Reception

Week 2 - Tuesday 28th Year 1 (Parent Event from 2:45 - please wear wellies and dress warmly)

Week 3 - Monday 6th Year 5, Tuesday 7th Year 2 and Wednesday 8th Year 1

Week 4 - Tuesday 14th Year 3

Week 5 - Monday 20th Year 5, Tuesday 21st Year 4 and Wednesday 22nd Year 1

Week 6 - Tuesday 28th Year 6

Please contact your child's class teacher if you are able to support with a session. Ideally, we need 2 parent helpers for every Forest School session.

Clubs

This term we have a new Art Club starting with Miss Taylor on Mondays which will be open to Years 3 / 4. Boards Games Club and Earth Trek will not be continuing. Crochet Club will be returning but will only be offered to those children who have been attending this term.



Netball Club is starting this week!

To book, please follow link <https://family.premier-education.com/add-course/820111>

Friends News

The Friends will be holding a used uniform sale on **Friday 3rd March** in the school playground.

Please bring any donations of uniform, in good condition, to the donations box just inside the main entrance door.

We are also very pleased to announce we will be running a school disco later this year. More details will be available very soon.



School Council – Cake Sale Friday 24th February



The School Council held a cake sale in aid of the [Disasters Emergency \(DEC\) Turkey –Syria Earthquake Appeal](#).



It was a great success raising over £270 – if anyone wasn't able to make it but would like to donate then please follow

the link above.



Wanted: Football boots

If you have any football boots at home that your children have grown out of, we would love to have them! These will be offered to children taking part in the after school football clubs who need them. When they are no longer taking part in football or have finished with them, they can be returned for another child to use.



Wearing trainers for these clubs is fine. However, in the muddy conditions football boots are really useful.

Mrs Grout will leave a donation box by the Reception Class gate at drop off and collection times.

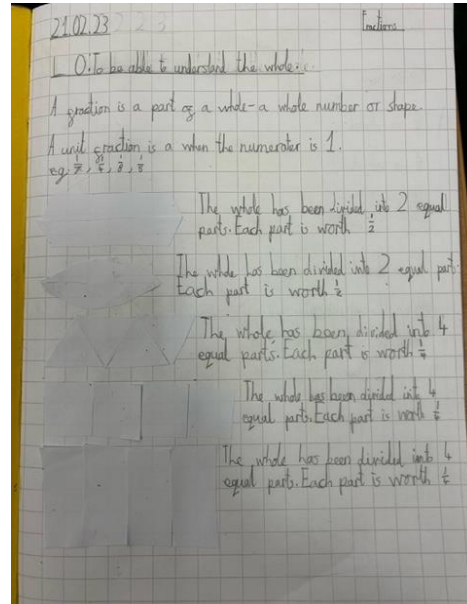
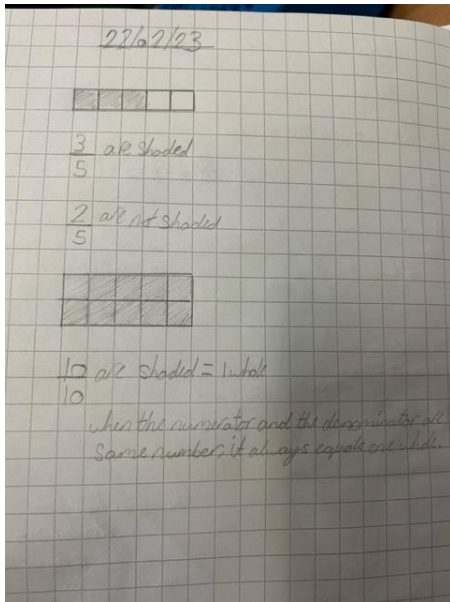
Year 4 Superstars

Year 4 had a brilliant day on Wednesday, continuing their learning of understanding the whole in our fractions topic. They impressed Mrs Bradley with how quickly they moved onto some additional maths challenges. Nearly everyone demonstrated some secure understanding and they were using mathematical language when naming parts of the fraction. They also showed good reasoning skills for recognising when an answer can have several possibilities!

Next, they started reading the first chapter of 'Song of the Dolphin Boy' and were making some great inferences, using evidence from the text to support their ideas - a special mention to Freddie and Ana who

summarised the chapter brilliantly for the class and to many who challenged themselves to completing not 1 but 3 character profiles!

In Science this afternoon, there were some lovely discussion points on what makes a living thing a living thing and we debated some of the 7 life processes and used the mnemonic - MRS NERG (Mrs Energy) to help us remember the life processes. Ask your child if they can teach you them!



Year 5 Spanish News Reports

Year 5 have all been absolute Spanish Superstars! In Term 3, they learnt to describe the weather. As their final project, they wrote scripts and recorded weather forecasts in pairs! They chose their own props, look and sound amazing. Their enthusiasm and excellent pronunciation blew Mrs Foster away!



Holding Space - Navigating Tween & Teenage Years

This course will be led by Jenny who is a fully qualified counsellor. Over the 6 weeks Jenny will cover these topics:

Week One: Development – understanding your child.

Week Two: Communication and relationships – building strong connections and positive relationships.

Week Three: Connection and looking after yourself – being present and working with feelings and emotions.

Week Four: Behaviour – boundaries and consequences.

Week Five: Trouble Shooting.

Week Six: Putting it all together so you feel positive about yourself and confident in your parenting.

Places are limited to 15 per course. From: 18th April – 23rd May

PARENTING TWEENS & TEENS

A Survival Guide

18th April - 23rd May (every Tuesday for SIX weeks)
6.30pm - 8.00pm



Funded by:

Sussex
Community
Foundation



Are you struggling to manage your child's behaviour and issues?

Are you worried about how this is affecting relationships in your family?

And how it's affecting you?

Being a parent to your child when they hit the teen years is hard!

This 6 week programme will help you to understand and navigate the teenage years from hormones, to school life, relationships and family life.

Schedule

Week One: Building Strong Connections.

Week Two: Development - Understand Your Tween or Teen.

Week Three: How To Get Along With Each Other

Week Four: Boundaries and Consequences

Week Five: Trouble Shooting

Week Six: Putting It All Together

If you are in receipt of benefits please contact us as we may be able to offer you additional support.



Introducing Jenny

I am a fully qualified counsellor and have worked with children, young people and their families for over ten years. I have developed and designed this parenting programme with Holding Space to engage and support local families and parents.

I have worked in youth and family services in Melbourne and as a counsellor in educational settings in East Sussex providing counselling support to children, young people and their families.

The clients I work with have complex and multiple needs such as trauma, grief and loss, relationship and family issues. They have experienced separation and divorce, family violence and abuse, behavioural problems in children and adolescents and managing life with a mental illness.

I work with clients to help form and manage positive, healthy relationships with the people who are most important to them.

Registered Charity Number: 1194399

07922 851 207
contact@holdingspace.org.uk

