

PE Curriculum Overview

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gymnastics Travelling	Gymnastics Stretching and Curling	Dance Stars, Follow my Feet, Autumn Leaves, Icicles and Water, Dinosaurs	Dance The Hungry Caterpillar, Mr Jelly and Mr Strong	Games Multi-skill	Games Multi-skill
	Games Focus on Beanbags	Games Focus on using a ball	Games Hoops and Quoits	Games Ropes, Bats and Balls	OAA	Swimming
Year 1	Dance Fog and sunshine, Washing Day, Handa's surprise	Dance Conkers March, March, March	Gymnastics Points and Patches	Gymnastics Rocking and rolling	Athletics	Athletics
	Games Ball skills and games	Games Throwing and catching	Games Bat/Ball skills and games	Games Bat/Ball skills and games	Swimming	OAA
Year 2	Gymnastics Parts high and parts low	Dance Country Dancing – Barry Goodman	Dance Reach for the Stars, Shadows	Gymnastics Linking movements together	Athletics	Athletics
	Games Throwing and catching and inventing games	Games Making up a game	OAA	Swimming	Games Dribbling, kicking and hitting	Games Developing partner work
Year 3	Gymnastics Symmetry and Asymmetry	Gymnastics Travelling with a change of font or direction	Dance The language of Dance	Dance Tudor Dance	Athletics	Athletics
	Games Ball skills	Games Games making	Swimming	Games Net, Court and Wall games	Games Striking and fielding	OAA
Year 4	Gymnastics Balance	Gymnastics Rolling	Dance Electricity	Dance Wimbledon	Athletics	Athletics
	Games Net, Court and Wall games	Swimming	Games Problem solving and inventing games	Games Invasion games	Games Striking and fielding	OAA
Year 5	Gymnastics Bridges	Gymnastics Flight	Dance Volcanoes	Dance City Life	Athletics	Athletics
	Games Net, Court and Wall games	Swimming	Games Ball handling	Games Invasion games	Games Striking and fielding	OAA
Year 6	Gymnastics Matching. Mirroring and contrasting	Dance Country Dancing – Val Sabin	Gymnastics Counter-balance and Counter-tension	Country Dancing	Athletics	Athletics
	Games Football/Hockey	Swimming	Games Invasion games (ball handling)	OAA	Games Net, Court and Wall	Games Striking and fielding