

NEWSLETTER



office@sjm.academy

www.meads.e-sussex.sch.uk

Term 2: Week 4

20th November – 24th November 2023

Rainbow Award Winners

Reception – Layla

Year 1 – Joshua

Year 2 – Alfie

Year 3 – Kossay

Year 4 – Elene

Year 5 – Mylo

Year 6 – Tilly



School Calendar Dates

Tuesday 21st November – Mufti Day for the 'FRIENDS'

Thursday 23rd November – Flu Vaccinations

Saturday 25th November - Christmas Fayre – 12.30pm- 3pm

Wednesday 13th December – Christmas Jumper Day and Festive Lunch

Thursday 14th December – Pantomime

Friday 15th December – Christmas Carol Service at 2pm

Friday 15th December – Last Day of Term 2

Tuesday 2nd January 2024 – First Day Back – Term 3

Monday 22nd January – INSET DAY

Friday 9th Last Day of Term 3

Monday 19th February – First day back – Term 4

Monday 4th March – INSET DAY

Thursday 28th March – Last Day of Term 4

Monday 15th April – First day back – Term 5

Friday 24th May – Last Day of Term 5

Monday 3rd June – First day back – Term 6

Tuesday 23rd July – Last day of Term 6

Celebration Assembly

Well done to all our Rainbow Award winners. We also celebrated our Artists of the week, and Spanish superstars, along with Mathletics and Lexia – keep up the good work!



Out of school Achievements

Marios Yr1 received a certificate of achievement in kickboxing for being Superstar of the Week and Elene Yr 4 passed her yellow belt test. Well Done!



Royal British Legion – Poppy Appeal

Thank you to all those who came to the office to get rulers, wristbands, button clips, clip-ons or traditional poppies – lots of money has been raised and we know the children have loved them – especially the rulers/snap bands!

When we have been given the total amount raised we will let you know!

Book Fair in School

Great News! The Scholastic Book Fair is in school next week.

Any books you buy we receive commission from so please do come along.

Opening hours are as follows: Monday 27th - Thursday 30th: 08:15 - 08:40 and 15:25 - 16:00 (in the hall).

SCHOLASTIC **TRAVELLING BOOKS**

COME TO **the BOOK FAIR!**

AND EARN FREE BOOKS FOR OUR SCHOOL

Illustration from Dog Man © Dav Pilkey, When Cookie Crumbled © Tom Knight, 2023

Book covers shown: **TOM GATES FIVE STAR STORIES** (Liz Pichon), **ZOMBIE SEASON** (Justin Weinberger), **OH MAYA GODS!** (Maz Evans), **SPEAK UP!** (You can make a difference)

ST JOHN'S MEADS SCHOOL
ROWSLEY ROAD, EASTBOURNE

Music
Performers
& School
Choir

**JOIN US FOR CRAFTS, TOMBOLAS, GAMES,
RAFFLES, MULLED WINE, FOOD, MARKET STALLS,
SANTA'S GROTTO & LIVE ENTERTAINMENT**



CHRISTMAS FAYRE

Saturday 25th November
12.30 - 15.30PM

Real
Christmas
Trees for
Sale

Booking
now
open

Sponsored by
HART READE
Solicitors
www.hartreade.co.uk



Scan code or visit
<https://bit.ly/49nBzVf>


FRIENDS
of St John's Meads School

All funds raised go towards facilities for St. John's Meads School
to advance the education of its pupils. Registered Charity Number:1106227

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Messy Christmas

Free Family Fun

ST JOHN'S
**ST. JOHN'S CHURCH,
MEADS**

CRAFT + GAMES + SONGS + STORY + FOOD

SATURDAY 2ND DECEMBER

2-4 PM

WWW.STJM.ORG.UK



Holiday activities and food (HAF) - bookings now open for December holidays

You can find out what's available and book a place on the [HAF booking website](#).

Get ready for the winter holiday. The Government's Holiday activities and food (HAF) programme funds a range of exciting activities for young people. The activity sessions are free to children who receive benefits-related free school meals. Parents can check if they qualify by reading the East Sussex County Council website [Free school meals page](#).

Sessions are free to those on benefit-related free school meals. There is a great range of clubs spread across multiple venues in East Sussex. They all offer a free healthy meal, engaging activities and a safe space to make new friends. There are clubs offering sport, animation, theatre, art and crafts, forest school, music, and lots more.

You will find more information about the programme on the ESCC [Holiday Food and Fun webpage](#).

A smaller number of places will also be available to children and young people in the groups below:

- Referred to Children and Adolescent Mental Health Services (CAMHS)
- Disabled or special educational needs, including those with an Education, Health & Care Plan (EHCP)
- Young Carers
- Have a disabled sibling
- Referred to the School Mental Health Teams
- Gypsy, Roma & Traveller
- Children in Need (CiN), children on a Child Protection Plan (CP) and Looked After Children (LAC)
- LGBTQ+
- Refugees

Best regards

The HAF team

Children's Services



Providing affordable family fun is central to our small business ethos. So we are delighted to bring you our Black Friday deal.

Only £6pp on 25-26 Nov when booked via our website...

And as always you get a FREE same day second round!



planetgolf.uk

Are you pregnant or a new mum and feeling low, anxious, alone?

Talk & support, parent to parent

Caring for a new baby and feel low, worried, alone?

Talk and support from men, for men

'The volunteer makes me feel normal. She listens like it's okay.'

'Everyone there has been through similar things - it feels like a family.'

For more information
text/call Ruby on: 07731 994 579
or email: parentsinmind.es@nct.org.uk

Registered charity in England and Wales: 801295 and Scotland: SC341592

'I was made to feel really comfortable. Nothing was a problem; it was just "talk to us about it."'

'The 1:1 support really helped my confidence - as a parent and in myself.'

For more information
text/call James on: 07732 690818
or email: parentsinmind.es@nct.org.uk

Registered charity in England and Wales: 801295 and Scotland: SC341592

Parents in Mind, East Sussex are also offering the Anna Freud Reflective Parenting Programme. This is an amazing six-week course delivered online, to stimulate a stronger parent-infant bond.

Contact us for more information



the
national
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

 **03303 530 541**
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

the
national sleep
helpline

50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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POWERED BY
the
sleep
charity

IN PARTNERSHIP WITH
Furniture
Village