

# NEWSLETTER Term 4: 4th April 2025

<https://sjm.academy>

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## Upcoming Whole School Dates

- April** Friday 4th : Easter service  
 Friday 4th : End of Term 4  
 Monday 21st : Bank Holiday Monday  
 Tuesday 22nd : First day of Term 5
- May** Monday 5th : May Bank Holiday  
 Friday 23rd : Last day of Term 5

*Whole School Reminder:*  
**NO NUTS** are to be  
 brought in to school. Thank you.



Dear Parents and Carers,

This final week has been filled with lots of creativity. The children worked on Food and Nutrition as part of the DT curriculum. Tasty sandwiches were made and promptly wolfed down in Year 3, while Year 1 loved making fruit salad. Year 5 scaled it up by making bread. Not only was this good fun but it also plays a big part in developing lifelong skills, using equipment safely and most importantly being able to feed yourself!

I was particularly impressed by Reception in their RE lesson this week. They have been learning all about the Easter story with several elements that work together to develop a range of skills. I have never heard the Easter story told with such enthusiasm and fervour- complete with actions of the boulder being rolled away.

We had an external auditor visit to assess our Safeguarding processes and she compiled a report that was pleasing to read. The staff at St John's continue to ensure that our school is a safe and happy place and this is further evidence of that.



*'The wellbeing and care of every pupil is at the fore front of all aspects of school life at St John's Meads. A calm and safe atmosphere pervades the school, as does the school's Christian values and ethos and underpins the school's decision making, as evidenced in the 2017 SIAMs report.'*

Student voice was also part of the review and this is what was reported: The change from the 'rainbow approach' to the zones of regulation and the new school 'Light' values are significantly improving pupils attitudes to learning, love of school and inter-personal relationships. In a short space of time it has become embedded in the culture of behaviour management. Pupils are able to describe the new approach in detail, and were very positive about the changes.

I think back rather wistfully to the Easter holidays when my boys were younger. I recall lots of lovely walks in the sun in our beautiful surroundings and plenty of Easter eggs.



I wish you and your family much of that for your Easter holidays too. Thank you for your ongoing support and kindness to us all here at St John's Meads,

Mrs Byroo

***1 Peter 1:3: "Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead."***

# Sports Highlights

Year 6 took part in both a netball and football festival at St Andrew's.

We had a great time and the children showed exemplary behaviour and great sporting attitudes.



As with all sport, there were highs and lows and the children really pulled together in their teams to cope with defeat and celebrate goals! Well done everyone involved.



# Highlights from Reception

As part of our PSED learning about being healthy, Reception enjoyed making fruit salad.

We practised our careful chopping skills, keeping our fingers away from the sharp edge and also enjoyed eating it too!



We have also been learning about time in Maths, and completed some fun 1 minute challenges!



# Highlights from Year 1

We created fruit salads for our DT project and practiced our cutting and presentation skills.

They were very tasty!



We retold the Easter story, using miniature Easter gardens.

We learnt about how important the train station is to Eastbourne in History.

We pretended we were travelling from 1800s London to holiday in Eastbourne. First Class seats were definitely the comfiest!

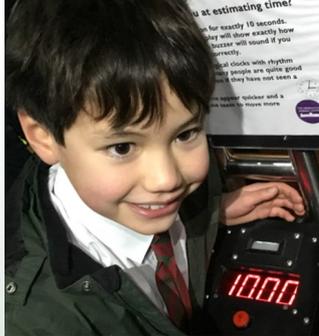


We learnt that animals eat different things in Science, and grouped animals into Carnivores, Herbivores and Omnivores.



# Highlights from Year 5

Just before science week we went on a school trip to the Science Observatory where we learnt about absolutely everything science.



We started off science week learning about ecosystems, including producers, consumers, and decomposers.

We made posters to explain this process.

Then we also enjoyed a fantastic visit to St Andrews Prep, where we witnessed a rocket experiment and made predictions about how it would launch.

Finally, we made bridges and tested out our hypothesis.



Additionally, as a reward for our amazing World Book Day door display, we earned some fun time on the field, playing parachute games in the sun!

It was a week full of learning and fun activities!



4 APRIL 2025

# FRIENDS NEWS

## Happy Easter to you all



### What eggstraordinary eggbands!

The children looked amazing in their eggbands today. We hope they had fun making them. Your child should have come home with a small chocolate egg treat from all of The Friends. Thank you so much for all your support this term. We hope you have a wonderful break.

## Coming up next term...



### Bag2School textile collection - 23rd & 24th April

If you're having a Spring clear out this Easter, we'd love you to bag up any unwanted textiles and bring them to our Bag2School collection the first week of term. For every bag you donate, the school raises cash. **Items accepted are:** ✓



Clothes



Paired shoes



Handbags



Jewellery



Belts



Hats



Socks



Bags



Drop your bags (tied shut) at THE ZONE (far left of playground) on:  
📅 Weds 23 April: 3.15-3.30pm or Thurs 24 April: 8.30-8.45am



### Stay&Play - date tbc

Our popular Stay&Play after school event will be back next term! If you'd like to help us plan the event or have ideas to share, please email: [secretary@stjohnsmeadsfmsa.org.uk](mailto:secretary@stjohnsmeadsfmsa.org.uk)

## About The Friends

We are a group of volunteers - parents and grandparents - raising money for St John's Meads. We are passionate about our school and its community.

**GET INVOLVED**

If you'd like to help out, or have ideas you'd like to share, please get in touch: [secretary@stjohnsmeadsfmsa.org.uk](mailto:secretary@stjohnsmeadsfmsa.org.uk).



# DONATE UNWANTED TEXTILES

Time for a Spring clean? The school will receive a donation for every bag you give.



Clothes



Paired shoes



Handbags



Jewellery



Belts



Hats



Socks



Bags



Drop your bags at THE ZONE on:



Weds 23 April: 3.15-3.30pm or



Thurs 24 April: 8.30-8.45am



**NO SCHOOL UNIFORMS PLEASE WITH OR WITHOUT LOGO**

A whole family event

# MESSY

# EASTER

EGG HUNT  
GAMES  
CRAFT  
snacks

The real Easter story

Saturday

## 5TH APRIL 25

1pm to 3pm

NO CHARGE

VICTORIA  
BAPTIST CHURCH EASTBOURNE

# Download your **FREE** copy of family grapevine

Essential information for families with children 0-16 years

## The MUST HAVE Family Directory from bump to teens!

Find the latest issue online  
or scan the QR code:



[www.familygrapevine.co.uk/  
eastbourne-wealden-lewes](http://www.familygrapevine.co.uk/eastbourne-wealden-lewes)



[EWLFamilyGrapevine](https://www.facebook.com/EWLFamilyGrapevine)



[ewlfamilygrapevine](https://www.instagram.com/ewlfamilygrapevine)



**APRIL 7th - 11th** **£25.50 Per Day** 9:30am - 1:30pm

# EASTER

## HOLIDAY CLUB FOR 6 TO 11 YEAR OLDS

**ACTIVITIES:**

- Creative Arts and Crafts
- First Aid Training with Daisy First Aid
- Pottery with Eastbourne Studio Pottery
- Fun Cricket with East Dean & Friston Cricket Club
- Out in the wild bush craft skills with Cherry Wood Adventures
- Slime Making & Disco Party
- Games, Easter egg Hunt
- And much more!!

**7th April**  
The Gather (Beacon Shopping Centre Eastbourne)

**8th - 11th April**  
Eastbourne College, Beresford House, Summerdown Road BN20 8DG

**LUNCH PROVIDED  
LIMITED PLACES AVAILABLE!  
\*\*HAF FUNDED PLACES AVAILABLE!\*\***

**CONTACT US:**  
07702491466  
info@tydol.co.uk

<https://www.facebook.com/TydolTuitionCentre>



## All Abroad! Bus Easter Holiday clubs 7th-10th April 2025 Seaford

Join us this Easter for global adventure, exploring springtime food & fun, through cooking, art, games, languages, outings & VR!

£30 per day  
£95 for 4 days  
sibling discounts

**Bookings:**

[www.eequ.org/  
allabroadbus](http://www.eequ.org/allabroadbus)

**FREE!** HAF places



9.30am-2pm daily, snacks & lunches included.  
@ Mercread Youth Centre, Seaford BN25 1AB



Enquiries and more info:  
[allabroadbus@gmail.com](mailto:allabroadbus@gmail.com)  
[www.allabroadbus.org](http://www.allabroadbus.org)  
[@allabroadbus](https://www.instagram.com/allabroadbus)





**Fun Football Camp**

ae active education sussex

**EASTER HALF TERM**

Come and join us for our Fun Football Holiday Camp, with plenty of football activities including: Football Tennis, Foot Golf, Football Rounders, Shooting Drills, Tournaments, Skill Activities, Goalkeeping Drills, Matches, Individual Challenges and many more!

**VENUES** SCAN FOR MORE INFO & TO BOOK NOW! 

- HAILSHAM HOLIDAY CAMP**  
Hailsham Primary Academy, Bulrush Lane, Hellingly, BN27 4FB
- EASTBOURNE HOLIDAY CAMP**  
Ocklynge Junior School, Victoria Drive, Eastbourne, BN20 8XN

**DATES**

- HAILSHAM HOLIDAY CAMP**  
Monday 7th April 2025 - Thursday 17th April 2025
- EASTBOURNE HOLIDAY CAMP**  
Monday 7th April 2025 - Thursday 17th April 2025

**PRICES**

- HAILSHAM HOLIDAY CAMP**  
Breakfast Club (07:45-08:45) - £6.50 per session  
Main Camp Day (08:45-15:15) - £27.50 per session  
After Camp Club (15:15-16:15) - £6.50 per session
- EASTBOURNE HOLIDAY CAMP**  
Breakfast Club (07:45-08:45) - £6.50 per session  
Main Camp Day (08:45-15:15) - £27.50 per session  
After Camp Club (15:15-16:15) - £6.50 per session



**Multi Activity Holiday Camp**

ae active education sussex

**EASTER HALF TERM**

Come and join us for our Multi Activity Holiday Camp, with plenty of activities including: A wide selection of Sports, Fencing, Gymnastics, Dance, Performing Arts, Painting, Art and Craft Activities, Movies and many more!

**VENUES** SCAN FOR MORE INFO & TO BOOK NOW! 

- HAILSHAM HOLIDAY CAMP**  
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**DATES**

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# Easter Holiday Club

**East Dean Church**  
**9<sup>th</sup> - 11<sup>th</sup> April**  
**9.30am - 12pm.**  
 for children aged 4-11  
 (or school years R-6)  
**No charge!**

Bible teaching, games, craft, songs and refreshments, learning about Jesus and why we celebrate Jesus and why we celebrate Easter.

Email Becca for a registration form at [edfbenefice@hotmail.com](mailto:edfbenefice@hotmail.com)  
**Booking is essential!**





**INSPIRING ACTIVITY**

**PREMIER HOLIDAY CAMPS**

**EASTER HOLIDAYS**

SCAN HERE FOR MORE INFORMATION  
or visit [premier-education.com/holiday-camps](https://premier-education.com/holiday-camps)

Trustpilot  
★★★★★  
Based on over 20,000 reviews

## YOUR NEAREST MULTI-ACTIVITY CAMP

Venue: GILDREDGE HOUSE BN20 8AB

Dates: MONDAY 7TH - THURSDAY 17TH APRIL

Times: 8:30-4PM

Price: £29.95 PER DAY

Ages: YEARS 1-6

Additional info: HAF Places Available: <https://eequ.org/>

### PLEASE BRING

A packed lunch  
Plenty of water  
Suitable clothing  
Loads of energy!

Our 5\* Holiday Camps are the perfect place to keep your kids entertained over the Easter holidays.

Our camps are a fantastic place for children to meet new friends, have lots of fun, and create wonderful memories!

Every day is different, with a mix of fun activities that children may not have tried before - from dodgeball to cricket, basketball to archery.

Book now for a school holiday full of fun!

### CAMPS ARE BETTER WITH FRIENDS!



TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

\*T&Cs apply. Refer a Friend discount on new bookings only.



# 2 DAY KIDS EASTER BOOTCAMP

Tuesday 15<sup>th</sup> & Wednesday 16<sup>th</sup> April  
1pm - 4pm  
Children aged 4-10 yrs

- ✓ Dance Class
- ✓ Games
- ✓ Bouncy Castle
- ✓ Soft Play
- ✓ Silent Disco
- ✓ Qigong Class

**£25 PER DAY**



An online talk by Jane Keyworth



# Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition



**Thursday 3rd April 10 -11:30am**

**Tuesday 29th April 7 - 8:30pm**

*Talks are recorded and available to watch for up to 48hrs after the session £24*



Book online  
**facefamilyadvice.co.uk**  
 go to **PARENTS**  
 on the **Homepage**





Spring 2025  
**Newsletter**

FACE delivers online support via zoom for parents across the UK  
 Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
 which means **ALL parents** and **ALL staff**  
 get unlimited **FREE access** to **ALL** 16 parent talks

Thursday  
24th April  
19:00 - 20:00  
**FREE**



**Responding to Angry Behaviour**  
 What can we do in the moment?

Tuesday  
18th March  
10:00 - 11:30  
£24



**Anxiety Explained**  
 Anxiety, especially in our young is rising.  
 This session explains what it is, why it happens and how you can help.

Thursday  
3rd April  
10:00 - 11:30  
£24



**Supporting a Child with ADHD**  
 Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
3rd April  
19:00 - 20:30  
£24



**Improving Family Communication**  
 How to reduce the shouting and arguing and start the talking.

facefamilyadvice.co.uk
info@facefamilyadvice.co.uk



## Easter Timetable

all sessions delivered live online via zoom £24 each 90 minutes long  
 book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Facing Defiance	7 April 7pm
Anxiety Based School Avoidance	8 April 10am
Understanding Anger	8 April 7PM
Anxiety Explained	14 APR 10am
Cannabis & Ketamine Awareness	14 APR 7pm
What is ACT	15 April 10am
Introduction to OCD	15 April 7pm
Supporting Healthy Sleep	22 April 10am
Understanding the Teenage Brain	22 April 7pm
<b>FREE</b> Responding to Angry Behaviour	24 April 7pm
Improving Family Communication	28 April 10am
Autism Improving Communication	28 April 7pm
Understanding Addictive Behaviour	29 April 10am
Supporting a Child with ADHD	29 April 7pm
Anxiety Based School Avoidance	6 May 7pm